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Metro hits the streets of London

"There's no doubt that the vision of Metro, the content is going to be not only national and international, but it's going to focus on the local community," said London Mayor Joe Fontana. Metro publishes Monday to Friday, and is always available online at metronews.ca/london. We're also on Facebook and Twitter Athemetrolondon.

Harper won't match promise to local aviation company

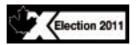
Diamond Aircraft recently laid off 213 workers while waiting for approval of a \$35-millon federal loan → Harper said he was happy with how the campaign was going so far



He came promising to focus on jobs and the economy, but left without making a commitment to support Diamond Aircraft here in London.

Prime Minister Stephen

Harper came to the Four Points Sheraton on Wellington Street for a rally yesterday. With hundreds of supporters chanting his name, he called on Canadians to "choose the economy, to choose stability, to choose security by choosing a



strong, stable national majority Conservative government."

Outside before the rally got underway, more than a hundred employees, family and friends from Diamond Aircraft — an aircraft manufacturing company — braved driving wet snow to protest Harper's visit and to press the Conservatives to commit to a \$35-million loan to help Diamond as it looks to produce the D-Jet. Last month, more than 200

employees at Diamond were temporary laid off due to uncertainty around the project.

Liberal Leader Michael Ignatieff committed to honouring that loan last week. So far, the Conservatives have not committed to the project.





Bizarre job of reporting from Gadhafi's 'gilded cage' for foreign journalists in Libya. Scan code for story.

- Download the free ScanLife application with your smartphone at 2dscan.com
- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- The codes will direct your mobile browser to relevant content at m.metronews.ca

On the Web at metronews.ca

Harper, Ignatieff take a day off while Layton steals the spotlight. Video at metronews.ca



Featherweight fight a long time coming



Thamesford's Mark Hominick set to face off against Jose Aldo at hotly anticipated UFC 129 in Toronto



Big deal? The biggest. And not just in the cage; there's also the crib.

Mark (The Machine) Hominick is preparing for the biggest week of his life. Hominick returns to the cage April 30, fighting for the UFC featherweight belt. Five days later, his wife, Ashley, is expecting their first child, Raeya.

Hectic? Yep. But it's all good.

"It's been busy, and there's been a lot of demands," said Hominick. "But it's all good news, so I'm just taking it in stride, really."

Hominick isn't so easygoing about his title shot. The Thamesford native is facing Jose Aldo in front of his home crowd — a UFC-record 55,000 in Toronto. Nerves? Nah.

"I've fought in front of 20,000 people and it's

been no different — once I get inside the cage, I'm focused on my opponent," said Hominick. "I don't really feel the crowd."

works out at his home gym

the Adrenaline Training Center, at 1794 Dundas St

Hominick doesn't see his expanding family and fighting on the biggest UFC card in history in his home country as distractions. Just the opposite.

"Timing is everything," he said. "Given this opportunity at this point in my career — I'm 28, my wife is due, the first live (UFC) show in Ontario, the biggest crowd in history, fighting for the inaugural 145 belt — things are in

line."

A title shot, 15 years in the making.

"For me, it's just the culmination of all my years of hard work," said Hominick. "This isn't something I just picked up; I've been working toward this for 15 years. Every day when I wake up until at night when I go to bed, this is what's on my mind.

"This is my passion, this is what drives me every day. It is just the culmination of all those years to finally make it to this point."

MMA

Building up aspiring brawlers

Mixed martial arts has been a way of life for Mark Hominick, and now that the UFC is coming to Ontario, it could open more doors for aspiring fighters. "Recently, it's really taken off in popularity," said Hominick. "It's been skyrocketing."

The province announced in August that it would legalize mixed martial arts. The UFC announced its Toronto event last December, and it quickly sold out.

Hominick, who has a business administration degree from the University of Windsor, owns Adrenaline Training Center on Dundas with Sam Stout and Chris Horodecki, all students of acclaimed coach Shawn Tompkins.

"We've always been associated with this city, and we've always wanted to keep the gym here and build the next generation that's coming up," Hominick said about his London training facility.

JIM REYNO

UFC 129

- Where: Rogers Centre, Toronto.
- When: April 30.
- ➤ Title shot: London's Mark Hominick (20-8) faces Brazilian Jose Aldo (18-1) for the UFC featherweight
- title (145 pounds).

 Main event: Georges StPierre (21-2) vs. Jake
 Shields (26-4-1) for the
 welterweight belt.
- Sold out: 55,000 fans are expected, a new UFC record.

The number of consecutive bouts Mark Hominick has

RECOMMENDATIONS

Hominick highlights

Some of Mark Hominick's favourite parts of London:

Food: Thuan Kieu (Vietnamese), 1472

Huron St., near Sanford. "It's a different, hidden gem ... definitely one of the best in the city."

Outdoor training: "I like to do hills and stairs at Harris Park. That's definitely nice in the summer. It's one of those places you always see people out. It's a good workout, close to downtown."

More in the core:

"Anything in and around the John Labatt Centre. Within the last 10 years, it's revitalized the city. Just the culture down there has completely changed. It's a place anyone can go, young or old."

JIM REYNO



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Finding a great job is no summer crush

• Being prepared, staying the course are important UWO's student career counsellors can help too



@METRONEWS.CA

Job hunting and dating have more in common than you might think: Both require patience, hard work and can lead to disappointment.

But both are ultimately rewarding and can be achieved through patience, and persistence.

Every day I see the similarities between dating and job searches, finding a match and making sure you know yourself and are able to convey your strengths, skills, and what you have to offer," explained Jennifer Caron, career counsellor at UWO's Student Success Centre. The centre offers workshops and one-on-one job advice for students.

Caron said 80 per cent of jobs aren't advertised, so the best way to find your dream job may be an inperson visit. And make sure to network and create a good cover letter and resume, she stressed.

"It is a lot of who you know and the effort you're willing to put out." she said, adding students should think of a job search from an employer's point of view, which can reduce

"But it's easier said than done and that's why we work with students."

Sara Hodgins, 21, a fourth-year health sciences student at UWO knows all about that search. After drawing upon the centre for help in finding summer

Job search sites

- www.servicecanada.gc.ca, a government website with a searchable job bank
- www.goodmovelondon. com and www.london works.ca, both of which are run by the London **Economic Development** Corporation
- www.knighthunter.com, a national job website that started in London.

work, she was back on Thursday for some resumé help as she searches for a post-grad career.

"I want to make my resumé the best it can be," she said. "I find it really difficult to find a job right now and I've applied for a



from career leader Lauren Turner from Student Success Services at Western.

Budget good for students: OUSA

Undergraduate Student Alliance president Meaghan Coker sees the province's budget commitment to promote access to education as a step in the right direction.

The McGuinty government will fund 60,000 new spaces in universities and colleges across Ontario over the next five years.

"This is important for any high school student because mostly every (Onuniversity

college will expand admission and open doors," said Coker, also vice-president of student affairs at West-

The admission rate for Western is 63 per cent, said Coker. "It's good and higher than some schools. But, McGuinty wants to see it at 70 per cent," said Coker.

"Every seven out of 10 new jobs will require postsecondary education because we are heading into the knowledge economy,"

said Coker. "This ensures Ontario can excel in those growing areas involving technology, industry and environment.'

Not all OUSA requests were met, but Coker said she's happy with the budget overall.

"There are a lot of areas that didn't get any money in the budget," she said. "The fact that post secondary education continues to get funded has to be applauded." • MARINA BRKLJACA



Two Londoners face charges of operating a bawdy house after they were arrested by police late Saturday night. Mark has been charged with allowing a place to be used as a common bawdy house and living on the proceeds of prostitution. Both Fortais and Jamie Thiel, 33, are charged with keeping a bawdy house and possession of cocaine.

Bawdy house arrest | Lambeth TD robbed

No one was injured after police responded a robbery call Saturday morning at TD Canada Trust on Main Street in Lambeth.

Police said a man demanded money, claiming he had a gun. He escaped with an undetermined amount of cash.

The man is described as white male in his early 20s, about five-foot-seven with a thin build.

AM980/AM980.CA



Fanshawe goes public

Fanshawe's open house featured, among other things, tours of the college's campus, library and residence, as well as a student services fair and a financial aid presentation. Fanshawe's programs, labs and studios were also open to the public.

STEEL GAILL



Liberals' style stands out at platform launch

▶ Michael Ignatieff speaks without notes to emphasize realness ▶ Platform elements focus on family



Never mind the substance, check out the style.

The Liberal campaign platform launch yesterday wasn't just an opportunity for the party to tout its "family pack" policy agenda paid for by billions in business tax hikes.

The online launch of the 94-page document was designed as a study in contrasts between Liberal Leader Michael Ignatieff and Prime Minister Stephen Harper as Canadian voters consider their ballot choices for May 2.

"This is what democracy looks like," said Ignatieff, speaking without notes or TelePrompTer in a

hotel ballroom ringed with seated supporters like an amphitheatre.

"This is the right way to do it, folks. This is the only way to do it in a democracy. You put ideas out, you defend them clearly and then you stand and answer questions in front of the Canadian people."

The launch format included video addresses from Liberal candidates — all women — touting four family-friendly platform elements: pension reforms; post-secondary education; home care; and early childhood education.

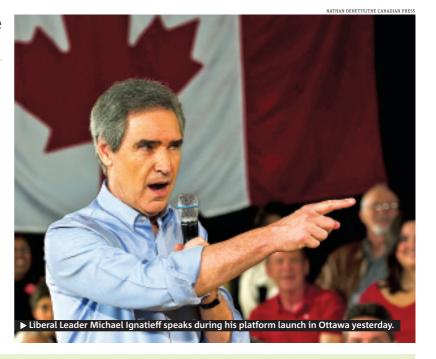
"The other guys are a one-man band," Ignatieff said of Harper. "I've got a team."

THE CANADIAN PRESS

Red Book launch

The detailed Liberal platform release comes unusually early in the 36-day campaign.

- It mirrors the Liberal launch of their 1993 campaign Red Book that was also delivered in a budget-style media lockup at a downtown Ottawa hotel—designed to lend an air of credibility to a policy blueprint.
- This time, the document also went out online, something Ignatieff said made "a little bit of historv."



Hockey, bacon jazz up campaign trail

Prime Minister Stephen Harper has shown he can play nice with the opposition — at least on the ball hockey court.

Harper visited an Ottawa-area park yesterday for a 20-minute ball hockey game with local kids.

The game ended in a 3-3 tie, and at the end, Harper signed his stick and gave it to the other team's goalie.

Harper scored one goal during the contest — a backhander.

Other weird and wacky stories from the federal election campaign trail:

Media-friendly skies

Talk about rubbing it in. The Liberals appear to be revelling in their superior media meal service on the campaign trail.

Reporters who boarded Michael Ignatieff's flight yesterday for Halifax to begin Week 2 of the election run were greeted with a tribute to the chef over the



jet's intercom.

The onboard meal was prepared by Guiseppe (Joe) Calabro, an award-winning pastry chef.

At more than \$10,000 per person per week, the service doesn't come cheap for travelling reporters. Media travelling with the Conservatives received cold meals and fast food in Week 1, prompting suggestions the Tory tour — the priciest of all the parties — was gouging

Hardly healthy

NDP Leader Jack Layton used Gatineau's famous "Sugar Shack" as the backdrop yesterday to pump up the NDP's health-care priorities

He and NDP supporters enjoyed maple syrup, French toast and deep-fried bacon. Layton acknowledged the irony of preaching better health at the event and said everyone would exercise after breakfast. THE CANADIAN PRESS

NDP pans 'Red Books'

Jack Layton brushed off both the Liberal platform release and claims that one of his Quebec candidates flirted with separatists yesterday as the NDP campaign continued trying to find its footing. Without having read the Liberal program, Layton dismissed it as hollow, suggesting the promises in the party's "Red Books" over the years "were broken in record numbers."

Tory staffer lashes out on Facebook

A junior Conservative staffer has lashed out at his own party on Facebook, citing "stupidity" among Tory communications staff.

Tony Phillips, who is working for B.C. MP Dona Cadman, posted a message urging the Conservatives to let Prime Minister Stephen Harper answer more than five questions a day from the media.

THE CANADIAN PRESS

Asbestos minding

Bloc Québécois Leader Gilles Duceppe has joined a growing chorus of critics calling for a closer look into the safety of asbestos mining.

Duceppe waded into the debate during a cam-

paign stop yesterday in Quebec's Eastern Townships, not far from an asbestos mine the provincial government is considering helping stay open.

THE CANADIAN PRESS



Taking 'slut' back to raise awareness, shame cops

• Thousands came out to Queen's Park yesterday for SlutWalk, a protest against a Toronto police officer's comments that women shouldn't dress like 'sluts' if they want to avoid being sexually assaulted

high Women wearing heels and fishnet stockings were prominent in a demonstration yesterday to protest a Toronto police officer's comment that women could avoid rape if they didn't dress like "sluts," an attitude that organizers said points to a wider problem in the justice system.

"Whatever we wear. wherever we go, yes means yes and no means no," the crowd chanted, as they marched on police headquarters, calling on police to stop blaming rape survivors for what happened to them.

The Toronto police officer made the "slut" comment to a group of York university students last Jan-

He later apologized, but the comment points to persistent problems in Canada's justice system when it comes to dealing with sexual assault, organizers and participants of the so-called SlutWalk said.

Sierra Chevy Harris, a student at the University of Guelph, said the officer's remarks are "a small example of how a large amount of people in the justice system truly think.'

"It's evident in many cases where the victim has been criticized for the way they looked or dressed in a sexual assault case," she

Sonva Barnett, one of the event's organizers, said those attitudes are one of the main reasons women are so reluctant to report sexual assault.

Sexual assault is about power and has nothing to do with the victim's appearance, she said.

Harris said she shouldn't be made to feel vulnerable for wearing a sexy outfit.

"We need to criticize the people who are actually committing the crimes,

There was a significant number of men among the marchers. Many demonstrators brandished signs with slogans like "Down with rape culture."

The Toronto officer is not the only person in Canada's justice system who has found himself in hot water over comments about sexual assault.

A handful of people rallied in Winnipeg on Friday to protest a Manitoba judge's comments about the way a female rape victim was dressed.

It was the second rally to protest Justice Robert Dewar's comments in the Febsentencing ruary Kenneth Rhodes on a sexuassault conviction. Roughly 100 protesters gathered on Feb. 25 to call for his resignation.

THE CANADIAN PRESS



Publisher sees no eclipse of the truth in lunar landing

Did all the manned U.S. lunar landings between July 1969 and December 1972 actually take place or were they hoaxes?

A Canadian book publisher has taken a closer look at images acquired by the Apollo 14 astronauts just before they left the moon 40 years ago.

What Řobert Ğodwin uncovered will probably provide more ammunition for those who doubt a U.S. astronaut ever set foot on Earth's celestial neighbour.

One frequently used argument is that video of the Stars and Stripes appears to show the flags blowing in the wind — even though there's no atmosphere on the moon.

Also, Godwin says one frame of film taken from the Apollo 14 lunar lander in February 1971 shows the American flag is pointed to the right, while in another frame, it's pointing in another direction — to the



Godwin says that on fur- ther investigation, he dis- covered that "55 minutes

before liftoff, part of their procedure was to test-fire the thrusters on the lunar module," he said.

"That's basically a pretty big rocket engine — just above where the flag is located — and when they did that, it blew over the antenna that was communicating with the Earth and it rotated the flag about 120 degrees."

The same thing happened with the Apollo 14 thrusters.

THE CANADIAN PRESS

Evidence

All Apollo missions were tracked by the Jodrell Bank Observatory in England, a privately owned facility and the Russians.

Godwin dismisses claims that fans on a movie set were making the flags move, arguing the banners were set in motion by the astronauts who planted them into the lunar surface.

Master of disguise photos leaked by insider

A number of border officials have been given a rap on the knuckles for leaking information about a man who used an elaborate disguise to try to get into the country.

The Chinese man was detained by authorities in October 2010, when he arrived in Vancouver.

According to information presented at immigration hearings, he boarded an Air Canada flight from Hong Kong wearing an elaborate latex mask similar to ones used in Hollywood movies.

He looked like an elderly Caucasian man.

CNN obtained pictures

of the young man both with and without his disguise and his case became a worldwide media sensa-

An official with Canada Border Services Agency says a total of 19 employees forwarded the photo or the intelligence report to "non-authorized

"These actions are contrary to the CBSA code of conduct and applicable policies," Patrizia Giolti, a spokesperson for CBSA, said in an email Saturday.

But it's still not clear how CNN obtained the images, Giolti said.

THE CANADIAN PRESS

Search on for missing **B.C.** couple

RCMP officers and the family of a middle-aged Penticton, B.C. couple who vanished two weeks ago en route to a trade show in Las Vegas have so far come up empty-handed in their efforts to find out what hap-

On Sunday, police released the last known photographs of Albert and Rita Chretien while their son, Raymond, also tried to determine his next steps in the search.

The 36-year-old had hired a small plane to fly over parts of his parents' route on Saturday, but the pilot didn't make any sightings. The canadian press



Protests over pastor's Qur'an burning spread

◆ Violence reaches Afghanistan's east ◆ Sparked by the burning of Islamic holy book by Florida church

Demonstrators battled police in southern Afghanistan's main city yesterday and took to the streets in the turbulent east for the first time as Western pleas failed to halt a third day of rage over a Florida pastor's burning of the Qur'an.

An officer was shot dead in a second day of clashes in the city of Kandahar, said provincial health director Qayum Pokhla. Two officers and

18 civilians were wounded, he said.

In Jalalabad, the largest city in the east, hundreds of people blocked the main highway for three hours, shouting for U.S. troops to leave, burning an effigy of U.S. President Barack Obama and stomping on a drawing of a U.S. flag.

The violence was set off by anger over the March 20 burning of the Qur'an by a Florida church — the same church whose pastor had threatened to do so last year on the anniversary of the Sept. 11 attacks, triggering worldwide outrage.

The protests, which began Friday, also appear to be fuelled more broadly by the resentment that has been building for years in Afghanistan over the operations of Western military forces, blamed for killing and mistreating civilians.

JAPAN

Engineers aim to block leak

Engineers pinned their hopes on chemicals, sawdust and shredded newspaper to stop highly radioactive water pouring into the ocean from Japan's tsunami-ravaged nuclear plant yesterday as officials said it will take several months to bring the crisis under control, the first time

they have provided a timetable. Concrete already failed to stop the tainted water spewing from a crack in a maintenance pit, and the new mixture did not appear to be working either, but engineers said they were not abandoning it.

The Fukushima Daiichi plant has been leaking radioactivity since the March 11 tsunami carved a path of destruction along Japan's northeastern coast, killing as many as 25,000 people and knocking out key cooling systems.

THE ASSOCIATED PRESS

Women attacked, say activists

Thousands of women calling for the ouster of Yemen's longtime ruler were attacked yesterday by police with sticks and rocks, setting off a furious battle with male protesters that left several people hurt, activists said.

The women were marching down a main street shouting, "peacefull" when they were attacked, activist Ghazi al-Samei said.

THE ASSOCIATED PRESS

Spring brings longer days, Probart gives the best way to pay.







Eligible prince number 2 getting noticed

▶ It isn't unusual for the younger siblings of royalty to get sexier coverage than their throne-bound relatives ▶ Harry isn't as captive to his royal role



▶ Britain's Prince Harry tries out an immersion suit during training for the Walking with the Wounded expedition on the island of Spitsbergen, situated between the Norwegian mainland and the North Pole, last Wednesday. The third in line to the British throne will train for three days before accompanying the team on the first five days of its four-week expedition.

He's been filmed trekking through the Arctic, he's been photographed giving a smouldering look from the cover of a men's magazine and now he's being targeted by legions of young women who only a few years ago would have been lusting after his older brother.

With all the attention Prince Harry is getting, you might forget that Prince William's the one getting married.

"He's a cool guy, he's an action man, and he obviously enjoys quite a good time," said Robert Johnston, associate editor at GQ magazine, which featured a front-page photo of the 26-year-old royal. "It's quite a potent mix."

This week's magazine shows a pensive prince, square-jawed and tousle-haired, his lips curling into a smile. GQ's story covers Harry's high-profile polar expedition with Walking With The Wounded, a U.K. charity devoted to helping injured veterans.

It's work that has commanded a fair amount of television time given the dramatic crises gripping the Middle East, North

"Will's a bit more like Charles, more serious. Harry's a bit more like Di,"

KATIE STEWARD,

A 44-YEAR-OLD BARTENDER

Africa, the Ivory Coast and Japan.

Camera crews have tracked the prince as he goes through his punishing Arctic training, plunging into ice-cold water and struggling across the fields of blinding snow on the Norwegian archipelago of Svalbard. Clips of Harry, sporting stylish sunglasses

and a wisp of stubble, have played better than those of his balding older brother, who was last pictured in faded green overalls showing his grandmother around a Welsh helicopter

bay.
The British monarchy's female fans have noticed.

Even those with little interest in the royalty, like 19year-old Sasha O'Connor, who was sitting with friends at a nearby cafe, said they'd prefer Harry.

"William looks more and more like his father every day," O'Connor said.

THE ASSOCIATED PRESS

Royals were April Fool's fodder

April Fool's Day provided a perfect launchpad for some William-and-Middleton

hoaxes, including an editorial in The Guardian newspaper renouncing its earlier anti-monarchist stance and announcing a full-throated,

faked-for-the-day endorsement of the royals.

The paper said it would recall its correspondents from some "less newsworthy" places like North Africa so they could provide unparalleled coverage of wedding preparations, including a 24-hour-a-day, minute-by-minute blog.

That's tame compared to the popular Sun tabloid, which reported aliens will attend the wedding in UFOs. THE ASSOCIATED PRESS

Royal satire

Some newspapers have devoted substantial portions of their Sunday magazines in recent weeks to satirizing the wedding, and the nation's obsession with it.

Endangered turtle out of danger's way

An ailing giant turtle considered sacred by many Vietnamese was captured in a lake in central Hanoi yesterday by rescuers who hope to give it medical attention.

Thousands of onlookers cheered at Hoan Kiem Lake as the mammoth creature was pulled in after escaping capture last month.

It took 50 workers two hours to net the endangered turtle — one of four left in the world — and lure it into a cage, which was then transported by boat to a small island that was recently expanded and equipped with a small



pond, known as the "turtle hospital," said Ha Dinh Duc, who has studied the creature for 20 years and considers himself its caretaker

He said it will be kept on the island for medical treatment, but it's unclear how long it will take.

THE ASSOCIATED PRESS

CLASSICAL SOLUTION

A little Handel handles loiterers

Just feet from a methadone clinic at a grimy crossroads in Portland, transit officials and police are hoping a touch of class will chase off vagrants, vandals and ne'erdo-wells that loiter near a busy transit stop.

Since November, the

regional transit department has approved the playing of classical music in an effort to ward off the kind of crimes that happen when people just hang around.

Classical music in this case means opera, chamber music, choral pieces and music requiring a full orchestra.

On the platform, one man, who looked to be in his 20s, decked head to waist in bright red, looked up at the speaker then looked away.

He boarded the train, as did the rest of the platform. THE ASSOCIATED PRESS

Eaglets hatching crashes site

A live video feed from northeast lowa with a bird's eye view of eagle eggs hatching has attracted more than 100,000 followers — so many that the site crashed briefly Saturday after the first eaglet emerged.

Three eggs were laid in February.

The camera, sponsored by the Raptor Resource Project, shows a nest 24 metres up in a tree overlooking a trout stream at the Decorah Fish Hatchery, where a pair of eagles is welcoming their brood.

THE ASSOCIATED PRESS

Man dupes police, fakes release

Spanish police say they have arrested a man who twice escaped from custody by having his wife send fake faxes ordering his release.

Fifty-seven-year-old Jose Carlos Serna was taken into custody at his home in a suburb north of Madrid, on Friday, while hiding in a hollowed-out sofa, police said.

In December, he was awaiting trial when officers got a fax followed by a phone call purportedly from a court official, corroborating the release order. THE ASSOCIATED PRESS

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It's all fun and games at this local company

Digital Extremes has been named to several top-employer lists



Here's a concept: If you want a coffee, get it. If you have an errand, run it. If you work at Digital Extremes Ltd., you don't have to wait for the bell.

"I mean, coffee breaks is just a funny word for us," said Mike Schmalz, president of the digital gaming company. "People just get coffee whenever they want. If they need 10 minutes to gather their thoughts, or go to the bank, or whatever it is ... We don't have time clocks."

Schmalz describes the London company's philosophy as "more democratic and collaborative" than traditional companies. Whatever it is, it works.

Digital Extremes has been named to several topemployer lists, the company now employs about 160

"When you ... create a world where people want to spend time in, and you can give them something that's fun and have them unravel a story they're excited to participate in, then I think

we're adding a lot of value."

MIKE SCHMALZ, PRESIDENT OF DIGITAL EXTREMES

from an entertainment perspective

people (an increase of more than 50 per cent in the past year), and it was recently named Business of the Year (large company) at the London Chamber of Commerce Business Achievement Awards

"It's especially nice for us to be recognized here in our own city ... Not too many people really know that much about us," said Schmalz.

"Some people will go to the store, such as Wal-Mart and Future Shop, and buy our games and not even realize that those games are being developed right here in London."

But if you think it's all fun and games at Digital Extremes ... it kinda sounds like it.

"There's so much cool

Coming up

▶ Digital Extremes Ltd.'s next major project is The Darkness II for Xbox 360, PlayStation 3 and Windows PC in the fall.

stuff that goes on here all the time ... You don't see anything for a little while, and all of the sudden one of our lead programmers will say, 'You know what? We just put a new lighting solution into the game,' and all of the sudden, what was awesome before is even more awesome afterwards. It just looks better. When you think that you've found something that's really, really great and you've done it."



Zite makes concessions

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WE'RE THERE



George Kerhoulas Vice President & Sales Representative 519 964 9001 george kerhoulas@ca.cushwake.com The Vancouver-based team behind the wildly popular news aggregator iPad app Zite says it will comply with a cease-and-desist letter it received last week from several high-profile media companies

Zite, which bills itself as "a personalized iPad magazine that gets smarter as you use it," collects and presents news from around the web in a streamlined reader-friendly format. It curates the content based on a user's Twitter account, RSS feeds and feedback they provide

as they read articles.

It won lavish praise from some of the web's top tech blogs, got 120,000 downloads in its first week, and was catapulted atop the free section of Apple's App Store. But it quickly got the attention of news organizations too.

On Wednesday, Zite received a letter co-signed by a list of heavyweights including the Associated Press, Dow Jones & Company, Gannett Co., Inc., Getty Images, the National Geographic Society, and



Time Inc., claiming the app was "plainly unlawful" and "misappropriating" intellectual property.

Not surprisingly, publishers weren't pleased that ads attached to stories were being hidden from view.

"Our companies employ or contract with many thousands of people who investigate, report and publish our original content, and we spend hundreds of millions of dollars annually on our news and information gathering and reporting," reads the letter, shared by Zite.

"Your application takes the intellectual property of our companies, as well as the hard and sometimes dangerous work of tens of thousands of people. It deprives our websites of traffic and advertising revenue. We do not know your inten-

Working on a solution

- Zite isn't removing the links to articles within the app but is attempting to appease media outlets by simply displaying the stories as they appear on the web, without being cleaned up.
- Davar hopes Zite can work together with media companies to find a "win-win" solution that maintains a sleek reading experience while still generating revenue for those businesses.
- Part of the appeal for publishers is that Zite helps readers discover content that they would not have otherwise found themselves, he added.

tions, but your actions harm our companies and the broader media and news industry on which your application relies for its content."

THE CANADIAN PRESS

Markets, dollar grind forward

◆ Analysts expect job gains of up to 30,000 last month ◆ Unemployment figures expected to dip

Stock markets look set to extend gains this week after signs that the U.S. economic recovery is gaining momentum.

Investors pushed aside concerns about fighting in Libya and the aftermath of the Japanese earthquake to push stocks higher last week on what was perceived to be strengthening economic fundamentals.

The U.S. labour department reported Friday that the economy created 216,000 jobs last month, which was above expectations. The jobless rate edged down one-tenth of a percentage point to a two-year low of 8.8 per cent.

The Institute for Supply Management's index, also a key barometer of U.S. manufacturing, came in slightly better than expected for March.

The U.S. numbers sent the resource-heavy Toronto stock exchange up five per cent for the first quarter.

"Given the many hurdles that were thrown in the market's path in the opening three months, I think the performance of equity markets was nothing short of miraculous," said Doug Porter, deputy chief economist at BMO Capital Markets.

But Porter was concerned about oil prices, which, if they stay at the \$107 US mark, could throw the global economy and U.S. economic recovery off track.

Meanwhile, the Canadi-

25
The energy

The energy sector charged ahead more than 11 per cent during the first quarter and oil prices surged about 25 per cent over the past six weeks as a wave of protests took hold across the Middle East.

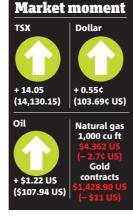
an dollar could see further increases at the end of the week when traders see the latest employment report.

Porter said it's expected that Statistics Canada will report data showing another month of strong gains. THE CANADIAN PRESS



Tax deal is bitter tweet

A proposed tax break for one of the world's hottest social-media companies has sparked a storm of twittering in San Francisco. As an incentive for moving its headquarters to a blighted inner-city block, Twitter has asked for an exemption from San Francisco's payroll tax on new hires. This could mean big savings as the company expands from hundreds to thousands of employees. But politicians and the city's largest public-employee union call the proposal a poorly crafted gift to the rich. And lowincome residents worry that revitalization will just lead to higher rents.





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GOBLINS INVADE THE GRAND

If little girls are made of sugar and spice and little boys of puppy dog tails, then what are goblins made of? At The Grand Theatre, they're made of yoga mats, duct tape, sweat and creativity.

staff of six costumers is led by Lisa Wright, head of wardrobe, and Kathryn Sherwin, cutter. They will spend more than 100 hours building each of five goblin costumes for the Grand's production of The Hobbit. But this isn't an entertainment story; this is a tale of ingenuity. After all, how does one construct a goblin that can manage hand-to-hand combat while wearing horns and spikes, but not hurt themselves or another combatant?

Behind the crimson velvet of the auditorium, upstairs and away from the stage, are three rooms where the costumes are made. Wright estimates more than 3,600 total hours will go into this production. Charged with making 50 costumes for the 35 characters, the wardrobe department has a mandate to help theatregoers vault themselves into the world of Gandalf and Bilbo Baggins.

That takes a licence to experiment. The idea to use yoga mats for the goblins' body armour was borrowed from the Tin Man's costume when the Grand produced The Wizard Of Oz in 2009. "Foam is in all kinds of costumes and usually works really well, but we needed something with more structure," explains Sherwin. Enter yoga mats that are high-density foam, fairly thin, flexible and not too dangerous when shaped into horns or spikes.

Costumes start as the designers' conceptual drawings in a notebook. Then Wright and the designer, in this case Bill Layton, shop for fabric in Toronto. Pieces of material are also mined from the Grand's warehouse of costumes. For The Hobbit, the wolf costumes from Beauty And The Beast are being reused and embellished.

Fit is important with structured costumes like the goblins, so Sherwin and Wright travel to Toronto to take precise measurements of the actors. Patterns are made and Sherwin cuts pieces of yoga mat, just as she does pieces of fabric, to fit.

Lizardy greens cover the blue of the 12 yoga mats needed to form the five goblin figures. Under the body armour, goblins will don their snake-like green bodysuits that are, thankfully, washable (a key consideration, because hand-to-hand combat under stage lights is sweaty business). Now you will never look at a yoga mat or duct tape the same way again!

The Hobbit runs from April 27 to May 26 (grandtheatre.com).

Contact Jill Ellis at londonletters@metronews.ca.

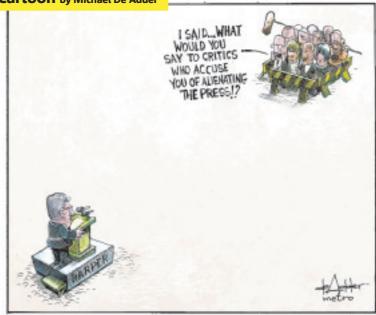
Letters

GATINEAU, Que. By voting or not, young Canadians will decide May 2 whether our country will move towards greater assistance to banks and large corporations or towards a growing economy based on wealth sharing and Canadians' well-being.

An analysis of EKOS polling between July 7 and Sept. 28 of last year suggested Canadians between the ages of 18 and 24 would elect a Liberal minority government, with a substantial increase in representation for the New Democrats, Bloc Québécois, and Greens. The Conservative party would be severely reduced, virtually wiped out in Ontario, Quebec and the Maritimes.

Unfortunately, only 37 per cent of eligible voters between the ages of 18 and 24 exercised their democratic duty during the 2008 federal election. Let's hope these facts will catch young voters' attention and bring them to the ballots May 2. More then ever, the future of a Canada for all Canadians is in young Canadian voters' hands. BRUNO MAROUIS

Cartoon by Michael De Adder



WEIRD NEWS

Pillows and feathers fly across the globe

People in cities across the globe took part in mass pillow fights as part of International Pillow Fight Day. Pillow fights were held in a number of Canadian cities, including Calgary, Vancouver, Montreal, Toronto and London.

In Vancouver, the flash mob was organized on Facebook and several hundred people showed up with pillows and proceeded to knock the stuffing out of them in a frenzied

fight outside the Vancouver Art Gallery.

In London's Trafalgar Square, people came dressed in pyjamas, dressing gowns and fancy dress to take part in the good-natured pillow fight Saturday afternoon. Most people carried feather-filled pillows that exploded as they fought.

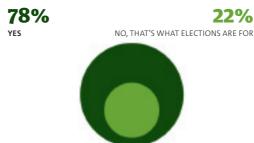
London's Metropolitan Police said yesterday the event had been peaceful and they had no reports of any trouble.

Organizers listed similar events in more than 130 cities around the world. The fights were organized by The Urban Playground Movement, which wants to encourage people to make use of public spaces.

METRO

Take the poll online at metronews.ca

Do you know who you are voting for?



TODAY'S QUESTION: DO YOU THINK THE NHL IS RETURNING TO WINNIPEG AND OUEBEC CITY?

Local tweets



@pyxiegyrl Flight delayed from #YXU bc of mechanical

issue...hope the problem is solved soon bc I need to get to #YUL by 5:00pm! **@Kattte** Good luck Dad! RT @weathernetwork: #London, Ontario is getting #thundersnow. It's

- shaping up to be an exciting night in southern On-@danielmailer Off to see Prime Minister Harper
- speak in London Ontario today @ogmichael @CPCSoudas

Great, thunderous

- welcome for PM Harper in London, Ontario. // we heard about the great one finger salutes already #elxn41
- @_DavidLevy_dear god why is it snowing in london ontario on this fine april afternoon? get back to me when you can best David Levy
- @Braeden93 Congrats london jr knights midget AAA ontario champs
- @CatToyOriginal History seems to indicate that wherever Fantino goes, increased crime follows. It did in London, Ontario anyway. #elxn41



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scene

metronews.ca

MONDAY, APRIL 4, 2011

Sheen's Torpedo turns into a bomb

• Former sitcom's star opening night in Detroit does not go over well with fans who paid big bucks for tickets • Torpedo of Truth tour greeted with boos and calls for it to be ended

Charlie Sheen and his "goddesses" took the stage to thunderous applause Saturday night for the first leg of his Torpedo of Truth tour. The 70-minute show hadn't even ended when the first reviews were in, and they were brutal.

The former Two and a Half Men star showed that comedic success on the screen doesn't necessarily translate to the stage, and the capacity crowd at Detroit's 5,100-seat Fox Theatre rebelled before the show ended, chanting "refund!" and walking out in droves.

Linda Fugate, 47, of the Detroit suburb of Lincoln Park, left the theatre and walked up the street yelling, "I want my money back!"

She said she paid \$150 for two seats.

"I was hoping for something. I didn't think it would be this bad."

Sheen's publicist Larry



Solters declined to comment after the show, but Sheen reappeared after the house lights went up to thank those who remained.

Fans who arrived at the theatre — some who had to fly in for the show — said they were hoping to

see the increasingly eccentric actor deliver some of the colourful rants that have made him an Internet star since his ugly falling out with CBS and the producers of Two and a Half Men.

They got the ranting. It just wasn't funny.

"I expected him to at least entertain a little bit. It was just a bunch of ranting," said Rodney Gagnon, 34, of Windsor, Ont.

On Twitter, where Sheen has amassed some 3.4 million followers, some fans were already predicting a premature end for the planned 20-city tour, which was scheduled to resume last night in Chicago.

"Charlie Sheen thanks for saying goodbye! Piece of advice cancel the rest of your tour," someone tweeted under the name ChrstosMo.

The show started well for the 45-year-old Sheen, with the audience standing and cheering as he and the women he calls his "god-desses" took the stage. The women, a former porn star and an actress who live with him, carried placards with the words "War" and "Lock," a reference to Sheen's recent description of himself as a warlock.

"I don't see a single empty seat," he said.

Not long into the show, though, an audience member booed, prompting Sheen to sanguinely reply, "I've already got your money, dude."

Things only got worse.

scene





The Easter bunny has hopped into the top spot at the weekend box office. Russell Brand's family comedy Hop debuted at No. 1 with \$38.1 million, according to studio estimates yesterday. THE ASSOCIATED PRESS

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Creating a new kind of fairy tale

Director Joe Wright uses creepy locations and powerful action scenes in his latest thriller Hanna



Director Joe Wright, who made a name for himself with Pride and Prejudice and Atonement, takes quite the departure with his latest, Hanna, about a 16-vear-old trained assassin (Saoirse Ronan) on the run across Europe, pursued by a calculating CIA agent (Cate Blanchett). Surprisingly, Wright saw the action thriller as a chance to get in touch with his own childhood.

He spoke with Metro about his parents' puppet theatre, creepy Cold Warera amusement parks and the necessity of flashy single-shot action sequences.

Much like the four-minutelong Dunkirk sequence in

Atonement, you have an impressive action sequence in the Berlin subway that's done in a single shot.

Both of them were done out of necessity. A sequence like this one would normally require maybe 40 different shots, and as I only ever manage about 14 a day, and as we only had one day to shoot this sequence, I kind of was up against the wall.

Most action movie fight scenes now are edited so tightly, it's hard to see anything.

I'm a big fan of Paul Greengrass's work on the Jason Bourne films, but I do feel like they've been imitated probably by lesser directors since, and I didn't want to fall into that category. I wanted to do something that didn't succumb to the temptation of hiding the



action in a barrage of edits. The film climaxes in a rather creepy, old amusement park. Where did that come from?

I think my sister used to go to some illegal raves there in the early '90s. And so she told me about it, and it was just an amazing find, really. It really spoke to the themes and the imagery of fairy tales that I was trying

to unearth. It was pretty much how we found it.

I can't imagine anyone thinking that's a place kids would enjoy.

Yeah, I know! (laughs) I've seen some picture postcards of it from the '60s. It was like the top venue for families in East Berlin, so the Wall came down, that's where you'd go on your day out. Then when the Wall came down, they all went shopping in-

You tend to re-team with a lot of the same actors and crew members on your films.

I was brought up in a puppet theatre, so I've always kind of aspired to that kind

of company feeling, really. We'd go on tour every summer with the puppets and make these great journeys across Europe in a couple of old Ford vans. So that's kind of what I'm trying to recreate with my filmmaking family. It creates quite a safe environment — safe in a good way — that enables us to be creative without looking over our shoulders. And I find that I can be silly and myself and accepted.

Did you say a puppet theatre?

My parents founded the theatre. It's called the Little Angel Theatre, and it's in North London. It's still running today — without my dad, sadly. But it's still running today. My mum makes a lot of the puppets. She always makes some kind of prop or something for every film I make.



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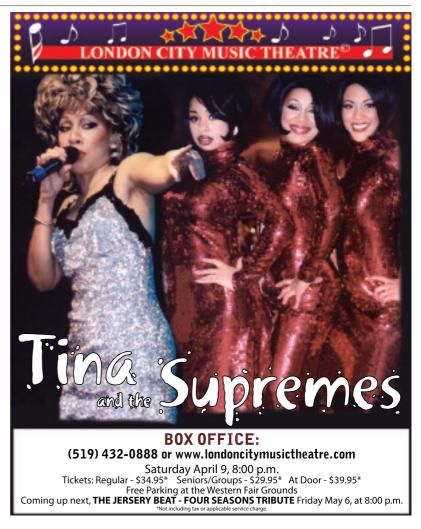
OPEN HOUSE Thursday April 7th 11:00-noon Tuesday April 26th 7:30-8:30pm CLASS SCHEDULE Mon/Thurs 11:00-Noon starting April 11th Tuesdays 7:30-9:30pm starting May 3rd

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Scene

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Monday, April 4, 2011

Mirren tackles comedy

• Veteran actress — and dame — enjoyed the chance to be funny with her charming Arthur co-star Brand



Though she may be an award-winning movie star best known for playing royalty, Helen Mirren isn't above playing the lottery.

"When the lottery gets really big — up to 40 or 50 million — I go out and buy a ticket, because it's, 'Maybe I'll win.' You fantasize about what it would be like to have millions and millions and millions of dollars," she says. "And I think we all do that. It's a fantasy we all carry within us — anyone who's ever bought a lottery ticket. We're all dreamers."

Of course, Mirren herself doesn't have to dream. While in her latest film, an

"I just defy any male or female or child or ancient person to spend two hours with Russell and not be completely charmed..."

update of the Dudley Moore classic Arthur, Mirren plays the nanny to an extravagantly rich manchild (Russell Brand) prone to outlandish purchases, in real life she's no stranger to splurging.

"My husband and I bought a castle in Puglia," she says. "It's like turning on the taps full, and just money pours out. Into the desert. It's just gone."

While Arthur marks what Mirren says is her first real comedy film in her career, teaming up with Brand helped ease her into the genre. In fact, she may have picked up more than a little of his wit, if her description of Brand's behaviour on set is any indication.

"He never came out of his trailer. When he came out, he was always surrounded by minders, he wouldn't speak to anyone," she says, barely containing her laughter. "No, he didn't really. Well actually, I don't know because I was drunk the whole time."

But seriously, though, she thinks quite highly of Brand and his charms, ex-

► Helen Mirren and Russell Brand star in Arthur, which opens Friday.

Immortalized in cement

Helen Mirren has clearly had an impressive career as an actress, but it wasn't until very recently that she felt she'd truly arrived when she left imprints of her hands and feet in the cement in front of Grauman's Chinese Theatre in Hollywood.

"Becoming a dame, fantastic. Winning an Oscar, amazing. Hands and feet? Incredible," Mirren says, chronicling her career highlights. • NED EHRBAR plaining that she signed onto the film after the comedian "just totally se-

duced me the way he does, you know?" she says.

"I just defy any male or

female or child or ancient person to spend two hours with Russell and not be

completely charmed and say, 'Yeah, fine, I'll do whatever you want.'"



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Hickory (9-16)	\$250
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Youth (9-18)	\$150
Hickory (19+)	\$150
Hickory (9-18)	\$50

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www.london.ca/golf

Lohan's Betty Ford brawl tape released

▶ Rehab worker, Lohan heard screaming and hurling insults on 911 call from clinic ▶ Prosecutors found insufficient evidence to file any charges

The yelling- and expletivefilled 911 call from the night of Lindsay Lohan's infamous Betty Ford Center brawl has been released, according to Radar Online

During the call, both Lohan and clinic worker Dawn Holland can be heard complaining to the operator, yelling at each other and struggling over the phone.

"Lindsay Lohan is being rude. She's gotten on the phone with her mom and she's telling her mom I'm being rude to her, which I'm not," Holland says in the recording. • METRO



Celebrity tweets



"In the
Cedar
Rapids Iowa @joelmchale
Airport. A man is drinking
Mountain Dew & eating a
carton of cubed cheese 4

"India won some cricket thing! I'm Indian!!! Yaaaaaaay!!!" "Watching the news.
How are animals still escaping from the zoo? We have hovercrafts but we can't invent a monkey-proof lock?"



"Made a Britney joke, then a door hit me. God's on Britney's side.

Not mine. Got it."

Beckham dishes on baby names

David Beckham stopped by Jimmy Kimmel Live to talk about how excited his family is to be welcoming the arrival of its first daughter — and to dish on possible baby names. "We've got a few in mind, but we also said to the boys, 'Give us some ideas,'" Beckham said. "When we got told it was a boy, Romeo said, 'How about Justin Bieber as a name? Justin Bieber Beckham?' So now that we know it's a girl, he was like, 'How about Justine Bieber Beckham?"



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What are the Bigwigs so afraid of?

The broadcast consortium has excluded Green Party Leader Elizabeth May from the 2011 leaders' debate. Demand democracy! Text "EMayIn" to 79999. Demand an equal voice.







The Britney factor

▶ Britney Spears' new album, Femme Fatale, debuted last week ◆ Author Peggy Orenstein examines the long-lasting — and damaging — effects of the 'girl power' pop star's sexuality



New study

81 minutes...

is the amount of time working moms spend looking after their kids in the U.K. per week, according to a new study by the Organisation for Economic Co-operation and Development. That includes meals. Stayat-home moms and possibly Nanny McPhee? (pictured) - spent twice as much time.

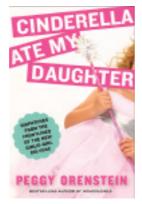






In your new book Cinderella Ate My Daughter, you write about how Disney princess culture has altered your little girl's view of sexuality. It reminded me of Britney Spears, when she debuted in a schoolgirl outfit posing suggestively.

Yes, she set a template for a lot of the confusion that came after and was ironically a direct outgrowth of the Girl Power movement - she had an impact on the way Girl Power was commodified and changed. On the one hand, she was a breakthrough because she was a girl who was a star for girls, as opposed to, say, David Cassidy or Bobby Sherman or the Jonas Brothers today. But as such, she had this whole different approach. She was at once selling chastity and sex and combining them in this really weird way.



And she was doing this for really little girls, when she started.

started.
It's hard to remember now, but one of her central fan bases was sixyear-old girls, who would go to her concerts and scream and shout. She always talked about being a virgin. And she'd say, "If you see me as a Lolita, that's your problem." But everything she did completely contradicted that. It's this weird thing where she was sexualizing innocence

and fetishizing it. So it was an ultimately incredibly disempowering stance for girls to see.

And what's been the fallout all these years later?

The culture has taken up that message. It plays into the diva culture of little girls right now, that accelerated makeup and hot dance moves, with Miley Cyrus and the like. I want to be clear: I don't come at this from a perspective to be negative about sexuality. It's just that when little girls have inappropriate sexuality — however it's imposeď, by pop culture or adults they love they don't understand it. The risk is that they never connect it and sexiness becomes a performance for them rather than something that involves intimacy. Instead they see sexiness as something they do for the pleasure and entertainment for others. As if self-objectification was a rite of passage.



and sex and combining them in this weird way."

"She was

selling

chastity

AUTHOR PEGGY ORENSTEIN

You see that today: Young girls "sext" naked photos of themselves to their boyfriends.

boyfriends.
With sexting, there's also an issue of sexual entitlement. Girls are feeling like they have to perform the idea that they're comfortable with their sexuality. And you have to wonder, what is it that they're getting? They don't have pleasure or control. What is the reality of what that act gives them? It's not anything healthy.

So what are parents supposed to do?

First, it's about limiting their access to media and such, when they're really little. And also trying to expand their ideas of who they are and what they can be, that's not linked constantly to playing at pretty or sassy (which is sexy with training wheels). Educate them and yourself.

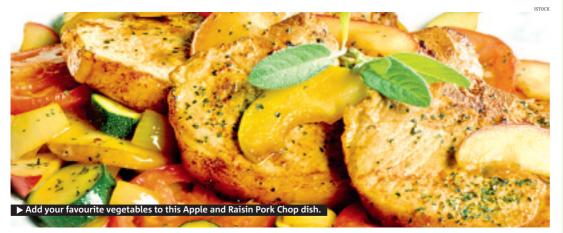
Who is your daughter Daisy idolizing these days?

Well, this is going to sound politically correct but it's true. We went to a dinner the other night where this 99-year-old judo champion was being honoured. She was talking about, among other things, how one should be gentle, strong and beautiful. To illustrate "gentle" and "strong," she said she could walk up to a man twice her size (which wouldn't be hard, she was about four-foot-nine) and touch him with her index finger and he would collapse. And by beautiful, she meant not the externals but a beautiful heart. I told Daisy, "Look at her, isn't she amazing!" She was taken. She was into it.

metr@food metronews.ca MONDAY, APRIL 4, 2011

Juicy pork chops with an apple twist

- This flavourful pork dish can be served up with rice or mashed potatoes
- The meat can also be married with many of your favourite vegetables



DINNER **EXPRESS**

EMILY RICHARDS

FOOD@METRONEWS.CA



Cooking pork chops with the bone in offers up a juicy

flavourful dish.

And, with just a few other pantry staples, dinner is ready. These pork chops are go perfectly served with rice or mashed potatoes and your favourite vegetables.

Preparation:

Place pork chops on plate and sprinkle both sides with sage, thyme, salt and pepper. Dredge each pork chop in flour to coat, shake off excess.

In large nonstick skillet heat oil over medium high heat and brown pork chops on both sides. Remove to plate

Ingredients:

- 4 bone in pork loin chops
- 1/2 tsp (2 mL) each dried sage and thyme leaves
- 1/2 tsp (2 mL) each salt and pepper
- 3 tbsp (45 mL) all purpose
- 2 tbsp (25 mL) extra virgin
- 1 onion, thinly sliced
- 2 apples (such as Empire or Cortland), cored and thinly sliced
- 1 1/2 cups (375 mL) apple cider
- ¼ cup (50 mL) raisins
- 2 tbsp (25 mL) chopped fresh Italian parsley

and keep warm. Return skillet to medium heat and cook onion for 5 minutes or until

SIONAL HOME ECONOMIST COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT

softened. Add apples and thyme and cook for 2 minutes. Add cider and raisins and bring to boil. Return pork chops to skillet and turn to coat. Simmer for about 5 minutes or until hint of pink remains inside. . Sprinkle with parsley before serving. **EMILY RICHARDS IS A PROFES-**

EMILYRICHARDSCOOK.CA

It's Girl Guide Cookie season

Girl Guide cookie sales got underway Friday across Canada as part of the effort to raise money for the youth organization's activities, projects and travel.

It's expected that Canadians will buy more than 2.9-million boxes of the classic vanilla and chocolate cookies, at \$4 per box.

Sadie Gibbs, 15, a Pathfinder member of the District

Guides in Lantzville, B.C., said she likes being part of the long-standing tradition and sells cookies door-todoor, to friends and family, and to companies that allow the girls to sell to their workers.

The reaction is mainly welcoming, she said.

"Some people, like older women, just get ecstatic and they start talking about how they were a girl

▶ Girl Guides began selling cookies in Canada on Friday. guide and what they did, and then they buy a couple of boxes of cookies for their grandchildren," she

"And some people, when they have kids, I find that there are a lot more

THE CANADIAN PRESS

Garlic & Herb Pull-Apart Bread

Ingredients: Garb and Herb Infused Oil

minced

- 1/2 cup Mazola
- RightBlend • 2 tablespoons fresh herbs (rosemary, oregano, thyme, sage, chives, basil),
- 2 tablespoons minced, fresh Italian parsley
- 2 cloves garlic, minced
- 1/2 teaspoon salt Dough
- 4 1/2 cups all-purpose
- 2 packs Fleischmann's Quick-Rise yeast
- 2 tablespoons sugar • 1 – 1/2 teaspoons salt
- 1 1/3 cups very warm
- 1 egg, lightly beaten
- 1/4 cup Mazola RightBlend

Preparation:

- Combine oil, herbs, garlic and salt in small bowl and set aside.
- Dough: Combine flour, undissolved yeast, sugar and salt in bowl. Heat. Add milk to flour mixture and mix on low speed for 1 minute. Stir in egg and oil and continue to mix on low

- until well blended.
- Transfer dough to floured surface and knead until smooth and elastic. 6 minutes. Shape dough into ball, and transfer to oiled bowl; turning once to coat. Cover; let rise in warm, draft-free place until doubled in size, about 45 minutes.
- Punch dough down and spread onto a lightly floured surface. Using hands, pat dough into a 25x30 cm rectangle, approximately 3 cm thick. Divide dough into about 30 pieces using knife; roll into balls. Dip dough balls into oil and herb mixture to lightly coat. Arrange coated dough balls evenly in bottom of greased 25 cm tube pan. Cover; let rise in warm, draft-free place until doubled in size, about 30 minutes.
- Bake at 350°F/180°C for 25. Let cool in pan on rack for 10 minutes. Invert to move from pan. NEWS CANADA







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Time running out?

Despite waning interest for Earth Hour, experts insist it's still relevant



The fourth annual Earth Hour was observed across Canada last Saturday evening. From 8:30 to 9:30 p.m., lights dimmed in hundreds of communities, as Canadians lent their efforts to a global initiative to reduce power use.

But in Canada at least, the savings were fairly negligible. Toronto saved only half the power of a year ago. Other big cities also showed reduced results, and in Edmonton, electricity consumption actually went up. So, was it a success? Is Earth Hour an idea that's worth pursu-

"Absolutely, it's a useful exercise," says Stacey Mc-Carthy, communications manager for WWF-Canada



in Halifax. "We're very happy that the number of participating cities, municipalities and towns in Ĉanada increased to 422 this year. It was 304 a year

McCarthy insists rising participation - as opposed to kilowatt-hours saved — is the better measure of Earth Hour's effectiveness.

"The one hour is a symbolic demonstration more than an effort to save power," she says. "We just want to see awareness increasing, and that's what did happen. Earth Hour is becoming a common household term. It's exciting to see Canadians click in and say 'I need to do

Earth Hour

Dimming the lights:

In your city Manitoba's parliament buildings went dark during Earth Hour, but many Winnipeg office blocks remained lit up as usual. Exact power-usage cuts were not tracked by Manitoba Hydro, and few events were planned.

something about this."

spokesperson for Toronto Hydro, agrees.

"Generally, conservation is a year-round activity," she says. "This is an awareness-raising tactic to get people excited about conservation. Why wouldn't you do it? It generates interest, and gets people thinking about conservation for the longer term."

Queen of Green

LINDSAY COULTER



HELP FOR ECO FEMALE HYGIENE

I have three daughters, which has me wondering about the greenest alternatives when it comes to feminine hygiene products. Can you help? Sherry of Montreal

he two main considerations when buying the greenest feminine hygiene products are materials and waste.

The average woman will go through about 11,500 tampons in her lifetime. So the least wasteful option is to switch to a reusable menstrual cup. These are made from natural latex

rubber or silicone and can be used for up to a decade. Before you decide that this is a bit out of your comfort zone, consider that a reusable mini cup works for heavy or light flow, doesn't leak, comes in different sizes (ensuring comfort) and only needs to be emptied two to four times a day.



David Suzuki

Wave bye to plastics Say hello to bioplastics



look-alike that's durable. cheap - and made from renewable materials.

"The main component is wood pulp," explains Managing Partner Jürgen Pfitzer. "Ever since papermills started operating, people have known how to make a material similar to plastic using pulp, the byproduct. But until now, plastic was so cheap that no one wanted alternatives."

Lignin, a substance contained in the pulp, is combined with natural fibres and additives. The result is Arboform, a paper-based product that acts like plastic and can be molded into shape. Furniture,

household products and car interiors are already made with Arboform — like the heel of designer Sergio Rossi's new Eco Pump shoes.

"It's also very cheap, since nobody uses lignin,' Pfitzer says. "Sixty million



"Until now, plastic was so cheap that no one wanted alternatives."

IÜRGEN PFITZER (RIGHT)

tons of lignin is simply incinerated each year.'

Like wood, Arboform slowly disintegrates when put in a compost.

Behind Tecnaro, which won last year's European Inventor Award, an army of researchers are experimenting with green alternatives to plastics.

"Alternatives don't have to be biodegradable," notes

Professor Markus Antonietti, Director at the Max Planck Institute of Colloids and Interfaces. "Minerals, for example, don't degrade. The important part is that alternatives be bio-compatible and green. So far, they haven't been very green at all, because they consumed a lot of energy. But the development of paper-plastic is advancing really fast. And it's cheaper than pure plas-

In 10 to 20 years, estimates Antoinietti, friendly materials will defeat plastics on the mar-

Plastic from

wood

Arboform is made from renewable resource lignin, which is a natural polymer formed by photosynthesis. Lignin accounts for about 30 per cent of every tree and every wood plant. Every year, 50 million

tones of lignin is produced as a by-product by pulp industry and 95 per cent of it goes as waste now. In waste management,

Arboform products will decompose easily and rapidly in organic manner into eco-safe by-products such as carbon dioxide and wa-





HE'S GONE WITH THE WIND

• Gazing out the window might not be a waste of time after all





A moment of entrepreneurial inspiration can strike anywhere. For Alex Stuart, it was while looking out the window of his condominium at the roofs of the Winnipeg Skyline.

"Look at all that unused real estate," Alex thought to himself, as he came up with an idea to harness its space and energy.

ergy.
"I started researching wind turbines and came across the vertical axis design. I fell in love the simplicity of the model."

Stuart and his partner Justin Phillips at Global Wind Group are now marketing their technology to India, several countries in the Caribbean and Canada's Northern Territories

Business advice

Stuart's tips for new entrepreneurs.

- Do your market research it's critical
- Find qualified mentors
- Seek investment well before you run out of money
- Be prepared for bankruptcy
- Keep your eye on your cash flow

where electricity is expensive and difficult to maintain.

It also hasn't been plagued with the problems facing the large scale turbines because of its compact, vertical design and minimal noise.

"Some entrepreneurs will sell at this stage, recoup the money and go on. We're really motivated to keep this going and stay in the business."

Are you thinking about starting your own business but are in need of some inspiration?

Follow Alex Stuart's lead. Sometimes all it takes is opening your eyes and looking out the window.

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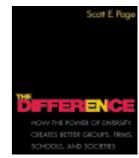
Success in diversity

Providers of diversity training almost uniformly report that fear of litigation is the primary reason companies contact them. But since the mid-2000s, there has been a small-but-growing shift in thinking among corporate managers: More diversity

Make your home in

in the workplace — in experience, race and sexual orientation — makes for a more competitive business

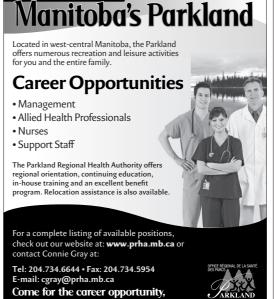
This movement was expressed in the 2008 book The Difference, by University of Michigan professor Scott E. Page. In it, Page



used mathematical analysis to show a relationship between greater diversity and group achievement.

"If you have a homogenous group of people with the same background, it's harder for them to solve a problem," says Nick Witenberg of Optimism Matters, a diversity trainer based in Atlanta. "Racial, generational and cultural diversity brings different schools of thought to the table, so they can come up with an idea more quickly."

Dr. Derek Avery, a professor of Human Resources Management at Temple University and an expert in diversity analysis, disputes the statistical methods used in The Difference, but not the general premise of the book. "I think the best part of books like this is that it makes people question their assumptions," says Avery. METRO



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RICH W DAD

Butler, UConn close out season full of twists

Butler coach Brad Stevens loves an underdog, whether it's his team back in the Final Four or Connecticut making an unprecedented fivegames-in-five-nights run through the Big East tournament...

Wait, what? A Big East team as an underdog? The coach at

underdog? The coach at tiny Butler cheering for big, bad UConn?

Welcome to the bizarro world of college basketball in 2011 — a sport where not only is anything possible, but where nothing quite makes sense. A sport in which the story of a small school from a small conference making a run to a title is no more rare than that of the late-season magic conjured by a power program with one of the nation's best players.

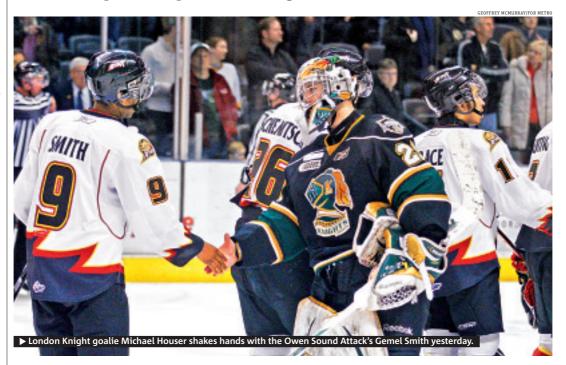
Butler and Connecticut will meet tonight in the national title game — the eighth-seeded Bulldogs trying to finish the deal after coming oh-so-close last season and the third-seeded Huskies (31-9), led by Kemba Walker, talking about shocking the world with their 11th straight victory after a regular season that foreshadowed none of this.

"We were all rooting for UConn because it was a great story," Stevens said. "A lot of fun to follow."

THE ASSOCIATED PRESS

Knights out of playoffs

• Former top London pick allows no goals as Owen Sound advances



Mike Halmo scored with less than two minutes remaining in regulation and Michael Zador made 23 saves as the Owen Sound Attack blanked the London Knights 1-0 to advance to the Western Conference semifinals in Ontario Hockey League action vesterday.

Owen Sound, the conference's top seed, won the series 4-2.

Halmo beat London goalie Michael Houser with a rising backhand over his catcher with 1:41 left in the third period.

Zador followed 5

shutout minutes on home ice Saturday with another strong effort.

He was pulled late in the game to give Scott Stajcer some ice time in his bid to recover from a hip injury, which had him on the sidelines since Nov. 20.

Zador was originally a

first-round OHL entry selection by London.

Houser made 38 saves for the Knights.

With Kitchener and Plymouth slated to play a Game 7 today, Owen Sound must wait for its next opponent to be determined. THE CANADIAN PRESS



Quoted



"We played a very good series, the effort was outstanding all the way to the final pitch."

BLUE JAYS MANAGER JOHN
FARRELL AFTER A 4-3 LOSS
TO THE MINNESOTA TWINS
IN TORONTO YESTERDAY.
THE JAYS (2-1) OPENED THE
SEASON FRIDAY WITH A 13-3
ROUT IN FRONT OF A
SELLOUT CROWD BEFORE
DOWNING MINNESOTA 6-1
SATURDAY.



Sports in brief



Fulham's Jacko statue revealed

SOCCER. A statue of Michael Jackson was unveiled outside the stadium of Premier League side Fulham yesterday, with chairman Mohamed Al Fayed telling fans to support another club if they don't like it.

Al Fayed, who was close friends with Jackson, danced with children after unveiling the statue prior to Fulham's home match with Blackpool at Craven Cottage yesterday.

THE ASSOCIATED PRESS

City plunders Sunderland

SOCCER. Manchester City thrashed Sunderland 5-0 yesterday to strengthen its chances of a top-four finish in the Premier League.

City had five different scorers as they moved into third place in the table, above reigning champion Chelsea. THE ASSOCIATED PRESS

Rays lose star third baseman

MLB. Tampa Bay's Evan Longoria was placed on the 15-day disabled list yesterday with a strained muscle in his left side.

The strained oblique muscle could sideline the all-star a minimum of three weeks, manager Joe Maddon said before the series finale against the Baltimore Orioles.

THE ASSOCIATED PRESS

Ontario gets first taste of MMA

◆ Talent lacking with no knockouts and only one fighter needing stitches in first event ◆ Several more planned

Ontario is officially open for mixed-martial-arts business and the early reviews are positive.

The regulations are tight and a lot is being asked of the fighters and promoter. But everyone involved with MMA: The Reckoning at Casino Rama Saturday night seemed happy with the province's first sanctioned MMA.

"We set the bar now for our next show. We're going to keep it high and safe and we're off to the races," said jubilant Ontario Athletics commissioner Ken Hayashi. "I'm



really happy, really happy with the way it turned out.

"I'm ecstatic," he added. "I can't wait for the next one and do that one

"They were strict but they weren't overbearing.... They just make sure that the show's (run) right."

FIGHTER JOSH BURKMAN ON ONTARIO
ATHLETICS COMMISSION RULES

as good as we did this one."

The next one is next Friday, a Maximum Fighting Championship card at Caesars Windsor. The UFC comes to Toronto on April 30, with 55,000 expected for UFC 129 at Rogers Centre.

Shows are also planned for London and Hamilton among other sites.

THE CANADIAN PRESS





Hockey player Schwartz succumbs to leukemia

Saskatchewan hockey player Mandi Schwartz lost her valiant battle with leukemia.

Thousands of people rallied to her side to help her in that battle, but the 23-year-old from Wilcox, Sask., died yesterday after two years of fighting the disease, according to her high school Notre Dame College.

She went into a Regina hospital Saturday night and died yesterday morning, said Notre Dame College president Rob Palmarin.

"We're all a bit taken aback and saddened because she's one of ours," Palmarin told The Canadian Press.

"Mandi's struggle with leukemia was particularly close to everyone's heart here. For the last couple of years, we've been praying for her at assemblies and held a couple of fundraisers to help with her family's costs when they travelled to the States for treatment."

Schwartz played forward for the Yale Bulldogs. Before heading to Yale, she played girls' hockey for the Notre Dame Hounds in Wilcox.

Schwartz's brothers Jaden and Rylan play hockey for Colorado College in the NCAA and are also Notre Dame alumni.

Her father Rick and mother Carol took leave from their jobs with the Saskatchewan Safety Council and Saskatchewan Justice respectively to shepherd their daughter through treatment.

She was engaged to engineering student Kaylem Prefontaine of Rockglen, Sask., and they had planned a wedding for the summer of 2012.

THE CANADIAN PRESS

Canadians off to quick 3-0 start

Winnipeg rink's three games on weekend drew near-capacity crowds at Regina's Brandt Centre

Canada's Jeff Stoughton picked up his third straight win to open the Ford Men's World Curling Championship yesterday despite German skip Andy Kapp's one-man show.

Stoughton's Winnipeg team shot 90 per cent to Germany's 71 in a 7-4 victory, but Kapp compensated for his teammates' mistakes with some pressure shots to keep the game close

"We have to give credit to Andy Kapp because that could have been a blowout for sure," said Stoughton third Jon Mead.

Canada scored two points in the third and seventh ends with last-rock advantage and stole one in the 10th, while Germany couldn't muster a multi-point end when it had the hammer

Kapp drew for a piece of the button surrounded by three Canadian stones in the fourth end to tie the game 2-2. The German skip faced four Canadian counters in the sixth and again drew in for one to make it 3-3.

"It's good to know we've got the game to hold off a hot skip and make some great shots ourselves," Stoughton said. "Andy Kapp was a one-man wrecking crew. At times it felt like seven against one out there.

STOUGHTON THIRD JON MEAD ON GERMAN SKIP ANDY KAPP

Stoughton's front end of second Reid Carruthers and lead Steve Gould dominated German counterparts Andreas Lang and Holger Hoehne with shooting percentages about 20 per cent higher.

"I had to make some circus shots to keep us alive, but it was not enough to win this game," Kapp said. "We needed to make more shots to put pressure on them, but we were under pressure the whole game."

Kapp is appearing in his 13th world championship and has the most career wins at 66. He has yet to collect one here as his team dropped to 0-2.

Canada got a breather yesterday with just one game before splitting to-day's games between the morning and evening draws. Stoughton takes on Dong Keun Lee of South Korea (0-3) followed by Pete Fenson of the U.S. (1-1) at night. THE CANADIAN PRESS



Devils miss playoffs for first time in 13 seasons

For the first time since 1996 the New Jersey Devils are not going to the playoffs.

The Devils' post-season streak ended Saturday night when they lost 3-1 to the Montreal Canadiens. For the past week, the end of the Devils' run was just a

The Devils streak was the league's second longest. Detroit recently extended its post-season streak to 20 straight seasons.

matter of time. A 1-4-1 slide had made the outcome in-

evitable, along with a miserable start that left New Jersey 27 points out of a playoff spot in early January. A frantic 23-3-2 burst drew the Devils within six points of a playoff spot a couple of weeks ago.

THE ASSOCIATED PRESS

Sports in brief

Small schools deliver ratings

NCAA. The Final Four pairing of Virginia Commonwealth and Butler didn't hurt TV ratings.

Saturday night's 8.9 rating and 17 share on CBS tied for the highest since 2005. The championship

game is tonight at 9.
THE ASSOCIATED PRESS

Shaq's return short-lived

NBA. Shaquille O'Neal lasted a little more than five minutes in his return for the Boston Celtics yesterday before limping off the floor. He went back in for the second half, but went to locker room in the first minute. The ASSOCIATED PRESS

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dows. Updates bathrooms

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Third

ANNOUNCEMENTS

Community Events

Supper & Silent Auction

April 9th 5pm to 9:30pm Royal Canadian Legion Br#341 Broad St. Parkhill,On NoM 2K0 Proceeds to HOMELESS VETERANS Tickets -\$15.00 Includes Supper! For info call 519-294-6261 after 4pm daily



12

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Crossword

Across

- 1 Opposed to 5 Central
- 8 Bedouin
- 12 lowa cron
- 13 Alias abbr.
- 14 Erte's art style
- 15 Grand story
- 16 Wicker-encased
- bottle
- 18 Insist on 20 Served tea
- 21 Appear to be
- 23 Spoon-bender
- Geller
- 24 Outward manner
- 28 Slithery fish
- 31 Eggs
- 32 Male voice 34 Born
- 35 Instrument of
- Marxism?
- 37 Insanity
- 39 Youngster 41 Harvard rival
- 42 Upper part of the
- foot 45 Maidens of Greek
- myth
- 49 Blue-stater
- 51 Hen pen
- 52 Slender
- 53 Japanese sash
- 54 Earthenware pot
- 55 Sea flock 56 Govt. media moni-
- tor 57 Agrees silently

- 1 Scored 100 on
- 3 Decorate, perhaps

Down

- 2 "Unh-unh"

56

- 5 Aroused ange 6 Eisenhower
- 7 Moist 8 Urge earnestly
- 9 Get one's bearings back
- 10 Rue the run 11 007
- 17 Debtor's letters
- 19 All spruced up 22 Cash
- 24 Homer's interjec-
- tion 25 A Gabor sister
- 26 Skilled shooter 27 Amoristic

29 Hawaiian garland

13

16

37

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- 30 Caribbean or Caspian
- 33 Depend (on)
- 36 Mountaineer's spikes
- 38 Without dissent
- 40 Calendar abbr. 42 Not busy
- 43 -do-well
- 44 Lecture hall VIP 46 Equestrians' game
- 47 Maintain 48 Resorts
- 50 "Wipeout" net-

▶ Weekend's answer

Т	0	М		Κ	Τ	L	Ν		Н	Ε	R	Α
П	М	Α		0	R	Ε	0		0	R	Α	L
Р	0	R	Т	R	Α	Τ	Т		Ν	Α	Р	Ε
S	0	٧	Τ	Ε	Т		Ε	С	0			
			М	Α	Е		Р	0	R	Т	Α	L
S	Ε	٧	Ε	Ν		K	Α	Υ		Т	R	Α
0	R	Ε	S		0	Ε	D		Κ	Ε	Ε	Ν
Α	G	Ε		F	L	Υ		Ν	U	R	S	Ε
Р	0	R	Т	L	Υ		В	Ε	D			
			Н	U	М		Ε	С	Z	Ε	М	Α
H	0	U	R		Ρ	0	R	Т	U	G	Α	L
0	R	S	0		Τ	D	Е	Α		Α	Υ	Е
D	R	Α	W		Α	D	Α	R		D	0	Е

Sudoku

10 11

30

2		1				4		9
	5	9	7		4	3	1	
8								7
			3		9			
	8			4			3	
			8		6			
4								2
	3	2	6		8	5	4	
1		5				8		3

How to play

Today

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

WADD	kend's answ	or b
WVCC	nciia s alisw	U

Thunderstorm

a	1	6	2	5	8	7	-6	9
4	5	8	9	7	1	6	3	8
7	2	9	6	а	4	1	5	9
5	6	2	1	4	7	0	9	3
9	7	t	3	п	2	4	6	5
ā	4	3	5	9	6	2	+	7
2	3	4	a	6	9	5	7	1
1	9	7	4	2	5	3	0	6
6	a	5	7	1	3	9	2	4

Partly cloudy

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

I Love you too Courtney D. Over two and a half years and still going strong. But always remember Courtney feet used to be Courtney sweet. But guess what? ... They still are. <3

Dear Debra, Thank you for keeping us sheltered and being so good to us. You are the honey to our hive. Love. THE HIVE

Tom, That was the last weekend we had apart. Fom now on the time is ours. Can't wait to cuddle up and sleep in whenever we want. Love you forever and completely, RUTH

To my Princess. You get more and more beautiful every time I see you. Thank you for this wonderful, amazing second time around. We've got it right this time, don't we? I love you, baby.

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to your smortphone

8The Weather Network 2011

Today's horoscope

T Aries March 21-April 20

What good is life if you can't treat yourself to a few harmless dreams

¥ Taurus April 21-May 21 The planets urge you to get over whatever it is that has made you a bit depressed.

II **Gemini** May 22-June 21 If

someone makes you an interesting offer don't just assume there must be a catch.

Gancer June 22-July 22 You won't get people to follow you simply by barking orders at them.

№ Leo July 23-Aug.23 What happens over the next 24 hours will prove you were right...

MP Virgo Aug. 24- Sept. 22 Make every hour, every minute and every moment count. ← Libra Sept. 23-Oct. 23 Life is

as good as you want it to be, so want it to be perfect in every way — and it will be. M Scorpio oct. 24-Nov. 22 Get busy on that artistic project

you have been thinking about. A Sagittarius Nov. 23-Dec. 21 Not everyone is against you

For today's crossword answers and for expanded horoscopes, go to metronews.ca

and even those who are act mainly out of fear, trust more. V Capricorn Dec. 22-Jan. 20 If you don't push yourself a bit today you'll feel as if you have let yourself down. Get busy.

Aquarius Jan. 21-Feb. 18 You've always been adventurous, but now there's a purpose to your travels.

H Pisces Feb. 19-March 20 . What is your highest ideal? Can you live up to that vision of yourself? Yes you can.

SALLY BROMPTON



Tuesday



Write a funny caption for the image above and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro.

LOVE TO P

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